In June 2010, IMO adopted substantial amendments to the STCW Convention governing seafarers’ training. This third edition of the popular ICS Guidelines for shipping companies has been fully revised and updated to take account of these changes - the so called ‘Manila Amendments’.

As well as taking account of technical developments, these changes to STCW include new training requirements for leadership and teamwork, enhanced refresher training for qualified seafarers, new competence standards for tanker personnel and for the new grade of Able Seafarer (Deck and Engine), and new requirements for maintaining records of ratings’ training.

The ICS Guidelines should be read by anyone connected with the employment and training of merchant seafarers.

The 2010 amendments also introduced major changes to IMO regulations concerning seafarers’ minimum rest hours applying from 2012.

The revised Guidelines include:

- Detailed advice on company obligations and compliance;
- Information about the changes to STCW and when they come into effect.

The Guide is priced at £60.00 (including worldwide airmail postage and packing). To order, please complete the form overleaf and return to Marisec Publications.
### Marisec Publications
**Order Form**

To order a publication (other than those published by Witherby Publishing Group), please photocopy and send this form to:

**Marisec Publications, 38 St Mary Axe, London EC3A 8BH**

**Tel +44 20 7090 1460  Fax +44 20 7090 1484**

**publications@marisec.org  www.ics-shipping.org**

---

**Bulk order discounts**

- **20% discount** for orders of 50 or more copies of the same publication or for any order exceeding £750*
- **30% discount** for orders of 100 or more copies of the same publication*

---

**Payment details**

*Marisec Publications require pre-payment on all publication orders.*

Please arrange payment by one of the following methods:

- **Cheque enclosed for** £
  
  *(Cheques should be expressed in pounds sterling, drawn on a bank in the UK and made payable to ‘Marisec Publications’)*

- **Bank transfer for** £
  
  *(details will be forwarded on receipt of order)*

- **Credit card for** £
  
  *(please contact us direct with card information)*

---

**Publication title** | **Unit price (£)** | **Quantity** | **Order price (£)**
---|---|---|---
---
---
---
---

**Total (minus bulk order discount if applicable)** £

---

**Remember, prices for products ordered direct from Marisec Publications include worldwide airmail postage**

* Bulk order discount excludes ICS Tanker Guides (Chemicals and Liquefied Gas), ISF/Marlines products, ISF Watchkeeper software, Personal Training and Service Record Books, and On Board Training Record Books, for which special prices already apply.

** Free postage excludes Tanker Safety Guide (Chemicals) and Tanker Safety Guide (Liquefied Gas).**