This book is intended to help all qualified seafarers maintain a comprehensive record of their seagoing service, ongoing training and other relevant information. It will also help companies ensure that documentation and data concerning seafarers employed on their ships is properly maintained and readily accessible, in order to demonstrate compliance with the IMO STCW Convention.

The Record Book also enables seafarers to maintain a record of their participation in drills and exercises on board ships. It may also be used by companies as part of their Safety Management System (SMS) as required under the ISM Code, in particular for the identification and recording of any training, drills and exercises conducted to support the SMS.

It provides an additional record for seafarers and companies in the event of Port State Control inspections, and may serve as evidence of continuing professional competence when seeking to revalidate STCW certificates.

This second edition takes full account of the 2010 amendments to the STCW Convention and the entry into force of the ILO MLC. It also includes a section to record participation in drills and exercises on safety, security and pollution prevention (previously provided as a supplementary book in the first edition).

The ICS/ISF Personal Training and Service Record Book:

Single copies of this book are priced at only £10 per copy.

Bulk orders of 100 copies or more, ordered at the same time, will only cost £5 per copy (e.g. 100 copies = £500, 110 copies = £550).

Airmail postage is free if ordered direct from Marisec Publications.
Marisec Publications
Order Form

To order a publication (other than those published by Witherby Publishing Group), please photocopy and send this form to:
Marisec Publications, 38 St Mary Axe, London EC3A 8BH
Tel +44 20 7090 1460 Fax +44 20 7090 1484
publications@marisec.org www.ics-shipping.org

---

<table>
<thead>
<tr>
<th>Company</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Order no (your ref)</td>
<td>Date of order</td>
</tr>
<tr>
<td>Cardholder’s/Invoice address</td>
<td>Deliver to (if different from invoice address)</td>
</tr>
<tr>
<td>Telephone</td>
<td>Email</td>
</tr>
<tr>
<td>Fax</td>
<td>VAT no (EU only)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Publication title</th>
<th>Unit price (£)</th>
<th>Quantity</th>
<th>Order price (£)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total (minus bulk order discount if applicable) £
---

Payment details

*Marisec Publications require pre-payment on all publication orders

Please arrange payment by one of the following methods:

- **Cheque enclosed for £**
  (Cheques should be expressed in pounds sterling, drawn on a bank in the UK and made payable to ‘Marisec Publications’)

- **Bank transfer for £**
  (details will be forwarded on receipt of order)

- **Credit card for £**
  (please contact us direct with card information)

---

Signature

Date

---

Remember, prices for products ordered direct from Marisec Publications include worldwide airmail postage**

- Bulk order discount excludes ICS Tanker Guides (Chemicals and Liquefied Gas), ISF/Marins products, ISF Watchkeeper software, Personal Training and Service Record Books, and On Board Training Record Books, for which special prices already apply.

- Free postage excludes Tanker Safety Guide (Chemicals) and Tanker Safety Guide (Liquefied Gas).