

# #seafarersdeliveringchristmas

Together we can make Christmas 2020 and other seasonal festivities special!

Welcome to the **#seafarersdeliveringchristmas** bulletin. See how you and your Company, Union or Organisation can actively participate and support some or all of the activities and projects at this challenging time. Information is provided for:

- Companies
- Families
- Friends
- Unions
- Others wishing to spread seasonal cheer!



## HOW YOU CAN GET INVOLVED

**We are looking for organisations and individuals to be creative and get involved in whatever way they wish in support of seafarers at this challenging time, you can:**

- Donate gifts and money to the seafarers missions and seafarer charities
- Provide 10 minute free telephone calls
- Join in by making the 12 days of Christmas Singalong video
- Provide access to company or other support helplines for seafarers
- Organise festive activities

## SUPPORTING PARTNERS

International Chamber of Shipping

International Transport Workers Federation

International Christian Maritime Association

International Marine Contractors Association

Ocean Technologies Group

Seafarers Hospital Society

Seafarers UK

ISWAN

ITF Seafarers Trust

MNWB

INTERCARGO

INTERTANKO

Inmarsat

# DONATING GIFTS AND MONEY



## SEAFARERS MISSIONS AND SEAFARER CHARITIES

For over two centuries, seafarers' welfare organisations around the world have helped seafarers celebrate the end-of-year holidays.

All year these organisations welcome seafarers for a visit to a seafarers' centre, deliver goods, provide internet connections to contact their families, and offer a friendly welcome in a foreign port.

Seafarers' welfare organisations deliver gifts from late November to early January to seafarers who are far from family over the holiday period to thank them for their hard work delivering goods needed to celebrate our end-of-year festivities.

During the current pandemic the seafarer welfare organisations have worked incredibly hard to support our seafarers. This has caused an extra financial burden and depleted stocks of goods normally distributed over the festive period. They need your help in donating potential gifts or money for them to buy gifts.

To support a local mission in some way please go to:

<https://icma.as/icma-members>

<http://namma.org/maritime-christmas/>

### PROVISION OF FREE 10 MINUTE CALLS FOR SEAFARERS

Companies are encouraged to provide seafarers free 10 minute calls home to family and friends. A small number of free calls for seafarers will also be made available by Inmarsat and KVH. Seafarers can find out how to access these via the ISWAN website over the festive period.

<https://www.seafarerswelfare.org/>



Alternatively if you wish to support a secular seafarers' charity providing support to seafarers and their families you may wish to consider making a donation to:

**Seafarers UK – (UK and Commonwealth)**

<https://www.seafarers.uk/supporting-us/donate/>

**ISWAN (Global)**

[https://uk.virginmoneygiving.com/donation-web/charity?charityId=1008299&stop\\_mobi=yes](https://uk.virginmoneygiving.com/donation-web/charity?charityId=1008299&stop_mobi=yes)

Help us to spread some cheer to those who are delivering Christmas on our behalf!

**Please give generously!!!**

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# '12 DAYS OF CHRISTMAS' SINGALONG VIDEO



We are asking family, friends, shipping companies, choirs and those that appreciate our seafarers to help us make a special festive video tribute just for them.

The video will be a compilation singalong of the popular '12 Days of Christmas' song, but with some very special new words and will be produced as a compilation of different contributions provided from around the world.

We are looking for video contributions from you to send a strong message of support and appreciation to lift the spirits of our seafarers.

On the first day of Christmas a sailor sent to me a bar of chocolate shipped by sea .

On the second day of Christmas a sailor sent to me, Two hair driers and a bar of chocolate shipped by sea.

On the third day of Christmas a sailor sent to me, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

On the fourth day of Christmas a sailor sent to me, Four toothpaste tubes, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

On the fifth day of Christmas a sailor sent to me, Five gold rings, Four toothpaste tubes, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

On the sixth day of Christmas a sailor sent to me, Six Belgian beers, Five gold rings, Four toothpaste tubes, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

On the seventh day of Christmas a sailor sent to me, Seven pairs of socks, Six Belgian beers, Five gold rings, Four tooth-paste tubes, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

On the eighth day of Christmas a sailor sent to me, Eight new Zealand Lambs, Seven pairs of socks, Six Belgian beers, Five gold rings, Four toothpaste tubes, Three Fairy Lights, Two hair driers and a bar of chocolate shipped by sea.

On the ninth day of Christmas a sailor sent to me, Nine iphones, Eight New Zealand Lambs, Seven pairs of socks, Six Belgian beers, Five gold rings, Four toothpaste tubes, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

On the tenth Day of Christmas a sailor sent to me, Ten first aid kits, Nine iphones, Eight new Zealand Lambs, Seven pairs of socks, Six Belgian beers, Five gold rings, Four toothpaste tubes, Three Fairy Lights, Two hair driers and a bar of chocolate shipped by sea.

On the eleventh Day of Christmas a sailor sent to me, Eleven bales of cotton, Ten first aid kits, Nine iphones, Eight New Zealand lambs, Seven pairs of socks, Six Belgian beers, Five gold rings, Four toothpaste tubes, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

On the twelfth day of Christmas a sailor sent to me, Twelve hugs and kisses, Eleven bales of cotton, Ten first aid kits, Nine iphones, Eight New Zealand lambs, Seven pairs of socks, Six Belgian beers, Five gold rings, Four toothpaste tubes, Three fairy lights, Two hair driers and a bar of chocolate shipped by sea.

Join in at:

<https://12days.oceantechnologiesgroup.com/>

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# SUPPORT HELPLINES



## ACCESS TO COMPANY OR OTHER SUPPORT HELPLINES FOR SEAFARERS

Companies which have their own employee support helplines are encouraged to remind their seafarers of how they can access these if necessary over the holiday period.

Additionally, the organisations listed below provide different useful services, including emotional support, and most are available 24 hours a day.

International and regional helplines are available for seafarers wishing to talk to someone wherever they are in the world.

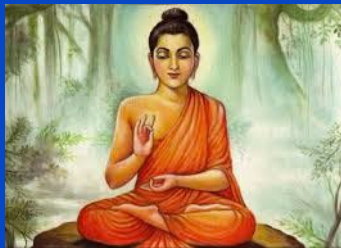
Please encourage your seafarers to feel free to contact the helplines below for guidance or support by clicking on to the hyperlinks highlighted in **Blue**.

<a href="#">SeafarerHelp</a>	24/7 multilingual and confidential helpline for seafarers' and their family - emotional support and practical help
<a href="#">Nautilus 24/7</a>	24/7 multilingual help available to Nautilus members
<a href="#">NUSI Sahara</a>	24/7 psychological support for Indian seafarers and their family
<a href="#">AMOSUP</a>	24/7 psychological support for Filipino seafarers and their family <b>+63 2 3310 6641 +63 2 8527 8116 to 20 (local2061)</b>
<a href="#">SAIL</a>	British seafarers – help with benefits, debt and housing
<a href="#">Seafarer Support</a>	Central source of information on maritime charities support for seafarers and their families
<a href="#">Seafarer Hospital Society</a>	24/7 online confidential advice and support service for all working and retired seafarers and families for seafarers in the UK
<a href="#">Mission to Seafarers Chat to a Chaplain</a>	24/7 MtS & ICMA chaplains available to talk
<a href="#">Sailors Society Wellness at Sea</a>	Emergency COVID-19 helpline
<a href="#">Sailors Society India</a>	Helpline for Indian seafarers and their families
<a href="#">DSM.care</a>	24/7 online service to chat with a DSM chaplain
<a href="#">Danish Seaman's Church</a>	Chaplains available for a chat
<a href="#">Stella Maris</a>	To call Catholic chaplains worldwide for a chat

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# ACTIVITY SUGGESTIONS FOR THE FESTIVE SEASON



## EVERYONE

- Electronically distribute a follow up flyer of information specifically for seafarers to be issued at the end of November

## SHIPPING COMPANIES

- Organise a festive meal on board the vessel
- Arrange a team event on board
- Have an inter-ship competition
- Festive singalong or Karaoke session
- Onboard quizzes
- Film shows

Celebrate all festivals that your seafarers may celebrate:

BODHI DAY	Buddhist	8th December
CHANUKAH	Jewish	11th-18th December
WINTER SOLSTICE	Druid	21st December
CHRISTMAS	Christian	25th December
OMISOKA	Japanese Buddhist	31st December
HOGMANAY	New Year's Eve	31st December
CHRISTMAS	Orthodox Christian	7th January
NEW YEAR	Chinese	12th February

## UNIONS

Work with seafarers' families to arrange events for them over the festive period



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